



Positive Psychology for Less Stress and Happier Workdays

Course completed by Omid Bahramzad
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Top skills covered

Work-Life Balance

Positive Psychology

Stress Management

A handwritten signature in black ink that reads "Dan Brodnitz".

Head of Content Strategy, Learning



Certificate ID: e8665d8d5b0cc0bbbe0631e9a3b7caf6b9140708558e6ec2ead1b58369b43c38